



**AL JAMIA ARTS AND SCIENCE COLLEGE
PERINTAL MANNA**



National Service Scheme

**ANNUAL
REPORT**

2023-24

NSS UNIT-KL099

REPORT
NSS UNIT 099
AL JAMIA ARTS AND SCIENCE COLLEGE PERINTHALMANNA
2023-24

PROGRAMME OFFICER: SALMANUL FARIS KM

ASST.PROGRAMME OFFICER: ANJANA KP

SECRETARIES: NANDANA P (II YEAR)

SAFDAR KODUMAYIL

FAYIZ (I YEAR)

BASIMA HANAN

ACTIVITIES: -

1. "MY TREE" PROJECT ON WORLD ENVIRONMENT DAY (04/06/2023)
2. CLEAN CAMPUS 08/06/2023
3. SEMINAR ON 'PERSONAL AND PUBLIC HYGIENE' 09/06/2023
RP: FATHIMATHUL FAYIZA (FACULTY OF MICROBIOLOGY)
4. BLOOD DONATION CAMP 16/06/2023
5. HIROSHIMA-NAGASAKI DAY OBSERVATION, MIME 08/08/2023
6. INDEPENDENCE DAY CELEBRATION 15/08/2023
7. 'എഴുതി തീർന്ന സമ്പാദ്യം'- PEN BOXES CHALLENGE 15/09/2023
8. INTERNATIONAL PEACE DAY OBSERVATION 21/09/2023
9. ഞാർ നടീൽ പരിശീലനം 22/09/2023
10. NSS DAY QUIZ COMPATITION 24/09/2023
11. CHILDRENS DAY OBSERVATIONS AT 2 ANGANAWADIES – 14/11/2023
12. INTERNATIONAL AIDS DAY OBSERVATION 01/12/223
13. ORIENTATION FOR FIRST YEAR NSS VOLUNTEERS 04/12/2023
14. PRECAMP FOR SECOND YEAR NSS VOLUNTEERS
15. 7 DAYS RESIDENCIAL CAMP 24-30 DEC 2023
 - DAM CONSTRUCTION
 - CLEANING OF ROAD AND SURROUNDINGS

- SNEHARAMAM
- SCHOOL CLEANING AT AMLP SCHOOL MANNARMALA
- SCHOOL CLEANING AT PTMUP SCHOOL MANNARMALA
- ANTI-DRUG RALLY

16. Wheel chair donated to Alloor Muhammed, Mulliyakurssi

17. Wheel chair donated to Chungam Palliative care

18. Republic Day Celebration.

19. MIDIPPU campaign in association with Kerala Civil Defence Perinthalmanna

- Awareness programme at PTMUP School Mannarmala
- Awareness programme at GMLP School Pattikkad
- Awareness programme at PTMAUP School Mulliakurshi

20. Patients' and Families' Gathering (Daycare) at Chungam Palliative care centre

ACHIEVEMENT:

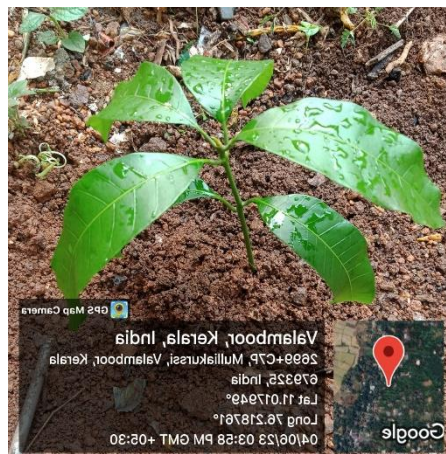
NSS VOLUNTEER MOHAMMED ALTHAF MT GOT SELECTION FOR NATIONAL INTEGRATION CAMP

My Tree Project on World Environment Day

In celebration of World Environment Day 2023, the National Service Scheme (NSS) unit of Al Jamia Arts and College launched a successful tree-planting initiative that saw enthusiastic participation from students and staff alike. The project, aptly named "My Tree Project," was a unique endeavor where volunteers planted saplings in their own home surroundings, fostering a sense of personal responsibility towards the environment.

The initiative, overseen by NSS Programme Officer Salmanul Faris KM, aimed to expand green spaces and promote environmental consciousness within the community. Each volunteer was tasked with planting a sapling at their residence, contributing to the broader goal of increasing urban greenery and reducing carbon footprints.

Salmanul Faris KM commended the students for their commitment and active participation. He highlighted that such grassroots initiatives are crucial in the collective effort to combat climate change and protect natural resources.



CLEANING DRIVE AROUND THE CAMPUS

On June 8, 2023, the National Service Scheme (NSS) unit of Al Jamia Arts and Science College undertook a comprehensive cleaning drive around the campus. Spearheaded by NSS Programme Officer Salmanul Faris KM and Assistant Coordinator Anjana P, the initiative aimed to enhance the cleanliness and overall environment of the college premises. Volunteers from the NSS unit participated enthusiastically, focusing on collecting litter, clearing debris, and ensuring that the surroundings were spotless. The activity not only contributed to a cleaner and more pleasant campus environment but also highlighted the importance of community involvement in maintaining public spaces. The collaborative effort demonstrated the NSS unit's commitment to fostering a sense of responsibility and environmental stewardship among students. The success of this cleaning drive underscores the impact of collective action in promoting a sustainable and hygienic campus and serves as a model for future environmental initiatives.



SEMINAR ON 'PERSONAL AND PUBLIC HYGIENE'

The AJAS National Service Scheme (NSS) Unit organized an insightful seminar on personal and public hygiene on 9th June 2023 for volunteers. The session was handled by Fathimathu Fayiza, Assistant Professor in the Department of Microbiology, and aimed to raise awareness about the crucial importance of maintaining hygiene for individual and community health. During the seminar, attendees engaged in discussions about the role of personal hygiene in preventing the spread of infectious diseases and promoting overall well-being. The session also shed light on the impact of public hygiene on community health, emphasizing the need for clean water sources, effective waste management, and sanitation practices. The interactive nature of the seminar allowed for a dynamic exchange of ideas and practical tips for implementing hygiene practices in everyday life. Participants were encouraged to ask questions and share their experiences, fostering a collaborative learning environment.



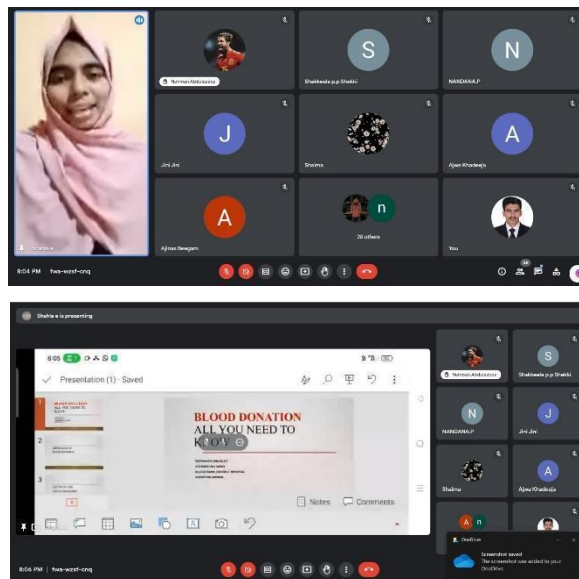
BLOOD DONATION AWARENESS CLASS

On June 15, 2023, the NSS unit and Health Club of Al Jamia Arts and Science College, Perinthalmanna, hosted an insightful online awareness class titled "Blood Donation: All You Need to Know." Held via Google Meet, the session aimed to educate students and the broader community about the critical importance of blood donation and the procedures involved.

The program was led by NSS Programme Officer Salmanul Faris and Health Club Coordinator Anju Nair, who welcomed attendees and introduced the session's objectives. The guest speaker, Ms. Fathimath Shahla, a renowned counselor from the Blood Bank at District Hospital Perinthalmanna, conducted the session with expertise and clarity. Ms. Shahla provided valuable information on the benefits of blood donation, eligibility criteria, and the process of donating blood. She also addressed common myths and concerns, encouraging participants to become regular donors.

The interactive session included a Q&A segment where Ms. Shahla answered participants' questions, further enhancing their understanding of the subject. The event was well-received, with participants expressing their appreciation for the comprehensive and engaging presentation.

This awareness class was part of a broader initiative by the college to promote health and community service. By highlighting the significance of blood donation, the program aimed to inspire students to contribute to this life-saving cause and foster a culture of giving within the community.



BLOOD DONATION CAMP

The NSS Unit and Health Club of AJAS College, in collaboration with the Youth Arts and Sports Club Poopalam and the Blood Bank of District Hospital Perinthalmanna, organized a highly successful blood donation camp on 16th June 2023. The event, which was inaugurated by Mr. Muhammed Riyas N, HoD of the Department of Commerce, drew a large turnout of enthusiastic donors and supporters. The blood donation camp, held at the campus, witnessed an outpouring of community support as individuals from diverse backgrounds came together to contribute to this noble cause. Mr. Muhammed Riyas N, in his inaugural address, emphasized the critical importance of voluntary blood donation in saving lives and commended the collaborative efforts of the organizing bodies. Medical Officer KP Muhammed Anas, along with club committee members Ameen Ariyaattil and Azeez, and Union Chairman Sahil, addressed the function, highlighting the significance of promoting a culture of altruism and community service. Their impassioned speeches resonated with the audience, inspiring a sense of unity and shared purpose. The camp, which aimed to raise awareness about the constant need for blood donations to support medical emergencies and treatments, received an overwhelming response from donors, reflecting the community's commitment to humanitarian causes. The successful coordination between the college, local clubs, and the district hospital's blood bank exemplified the power of collective action in addressing critical healthcare needs.



INDEPENDENCE DAY CELEBRATION

On August 15, 2023, the NSS Unit of Al Jamia Arts and Science College, Perinthalmanna, celebrated India's Independence Day with great enthusiasm. The event commenced with Mr. Muhammed Riyas, Head of the Department of Commerce and Management, hoisting the national flag. His Independence Day message highlighted the values of freedom, democracy, and the importance of contributing to the nation's progress.

The celebration was effectively coordinated by NSS Assistant Coordinator Anjana and former NSS Programme Officer Abdul Musabir. Their leadership ensured a well-organized event that fostered a strong sense of patriotism among the attendees.

NSS Unit Secretary Nandana P led the assembly and facilitated the pledge-taking ceremony, reinforcing the commitment of the students to uphold the nation's values. Her leadership was instrumental in engaging the students and promoting a spirit of unity and responsibility.

Overall, the event was a memorable occasion that brought together the college community in a shared celebration of India's independence. It served as a reminder of the importance of national pride and the collective effort required to build a better future.



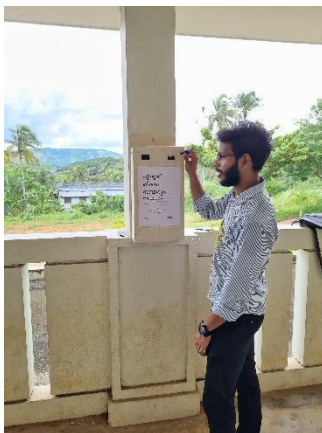
‘എഴുതി തീർന്ന സമ്പദ്യം’- PEN BOXES CHALLENGE

On September 15, 2023, the NSS Unit of Al Jamia Arts and Science College, Perinthalmanna, launched a Pen Box Challenge as part of an initiative by the District Shuchithwa Mission, Malappuram. The program aimed to collect used pens from students and staff to be recycled and made reusable, promoting environmental sustainability.

The initiative was inaugurated by Principal In-Charge Mr. Muhammed Riyas, who underscored the significance of recycling and the role of such efforts in reducing waste. The pen boxes were installed on each floor of the college to facilitate easy collection.

NSS Programme Officer Salmanul Faris spearheaded the implementation of the program, ensuring its smooth execution and widespread participation. His leadership was pivotal in the successful roll-out of this eco-friendly initiative.

The program received commendation from the District Shuchithwa Mission for its effective execution and positive impact. This recognition highlights the commitment of the NSS Unit and the college towards environmental conservation and sustainable practices. The initiative reflects a collective effort to foster a culture of responsibility and awareness within the college community.



INTERNATIONAL PEACE DAY OBSERVATION

On September 21, 2023, the campus witnessed a significant observance of International Peace Day, organized by the NSS unit. The event, marked by enthusiasm and commitment, aimed to promote the values of peace and harmony among students.

Led by NSS Secretary Nandana P, along with Thahaniya ME, Shafna Sherin and Ajinas Beegam, groups of dedicated volunteers undertook the task of delivering the day's message across various classes. Their presentations emphasized the importance of peace in today's world and encouraged students to contribute positively to creating a harmonious environment both locally and globally. Their efforts not only informed but also motivated students to reflect on their roles in fostering peace within their communities.

The observance was well-received, with students expressing a renewed commitment to promoting peaceful interactions and resolving conflicts amicably. The NSS unit's initiative successfully resonated with the student body, reinforcing the significance of International Peace Day and the collective responsibility of individuals in building a more peaceful world.



Agriculture Awareness Through Seedling Program

The NSS Unit organized a successful seedling program at Santhapuram On September 22, 2023, aimed at promoting agricultural awareness among volunteers. The event was inaugurated by Mr. Abdussalam, a distinguished member of Keezhatur Grama Panchayat, marking the beginning of an initiative focused on environmental sustainability and agricultural engagement.

The program's opening address was delivered by Mr. Riyas AP, Secretary of the College Advisory Committee, who emphasized the significance of such initiatives in fostering a sense of responsibility and connection to agriculture among the youth. His speech underscored the critical role of agriculture in the community and the environment.

The volunteers received hands-on training from Mr. Rashhed and Mr. Mukhtar, Supervisors of Al Jamia Al Islamia, Santhapuram. Their practical guidance provided the participants with essential skills and knowledge for effective seedling planting, ensuring that the volunteers were well-prepared to contribute to the project's success.

The event was spearheaded by NSS Program Officers Mr. Salmanul Faris KM and Ms. Anjana, who coordinated the activities and ensured the smooth execution of the program. Their leadership and commitment were pivotal in the success of the initiative.

The seedling program not only promoted agricultural awareness but also encouraged active participation in environmental conservation. The NSS Unit's efforts in organizing such programs highlight its dedication to both community development and environmental sustainability.



Children's Day Celebration at Poopalam Anganwadis

On the occasion of Children's Day, the NSS unit of AL organized a vibrant celebration at two anganwadis in Poopalam. The festivities commenced with an inauguration ceremony at Kunnathupadi Anganwadi, Poopalam, graced by Ward Member Ms. Julie. NSS Programme Officer Salmanul Faris KM delivered the presidential address, highlighting the significance of nurturing young minds.

The event saw active participation from civic leader Mr. Muhammed and Anganwadi teacher Ms. Suhra C, who inspired the children with their encouraging words. The highlight of the day was an engaging interactive program led by NSS volunteers, which featured a series of songs, dances, and games designed to entertain and educate the children. and also conducted an another interactive session at poopalam anganwadi in the same day.

NSS Secretary Nandana and Safdar spearheaded the special activities, creating a lively and festive atmosphere. The children were thoroughly entertained, and the event was a testament to the collaborative efforts of the NSS unit, local leaders, and educators in celebrating and enriching the lives of young learners. The program was a resounding success, fostering joy and creativity among the children of Poopalam.



International AIDS Day Observed with Enthusiasm

On December 1, 2023, the NSS unit, in collaboration with the Health Club, observed International AIDS Day with a significant program at the campus. The event began with a warm welcome by Nandana, setting the tone for a day dedicated to raising awareness about AIDS.

The program was presided over by Mr. Salmanul Faris, NSS Programme Officer, who highlighted the importance of community involvement in addressing the epidemic. Mr. Vinayachandran, Assistant Professor of Malayalam, delivered a compelling keynote address, shedding light on the global impact of AIDS and the urgent need for ongoing education and prevention efforts. And NSS volunteer Shahna Mol delivered the AIDS Day message to the students. Ms. Anju, Health Club Coordinator, delivered a felicitation speech, emphasizing the critical role of collective efforts in supporting those affected by HIV/AIDS.

A poignant moment was the formation of a human chain by the volunteers, symbolically arranged in the shape of the AIDS awareness emblem. This powerful visual representation underscored the community's commitment to solidarity and support for those living with the virus.

The event also featured a pledge led by Nandana, reaffirming the community's dedication to combating stigma and promoting awareness. The program concluded with a heartfelt vote of thanks by Safdar, NSS Secretary, who expressed gratitude to all participants and organizers. The observance effectively underscored the significance of awareness and continued vigilance in the fight against AIDS.





ORIENTATION PROGRAM FOR NEW NSS VOLUNTEERS

On December 4, 2023, the NSS Unit organized an engaging orientation program for the first-year NSS volunteers at the seminar hall. The event, aimed at welcoming and introducing the new volunteers to NSS activities, was presided over by Mr. Salmanul Faris, NSS Programme Officer.

The orientation was led by the chief guest, Mr. Salman EK, an esteemed former NSS Programme Officer, educator, and trainer from Escola International. His interactive session included a variety of games and tasks designed to actively engage the new volunteers and familiarize them with the NSS ethos.

The program commenced with the NSS Anthem, setting an inspirational tone for the day. NSS Assistant Coordinator Ms. Anjana, alongside second-year volunteers, played a crucial role in guiding and supporting the new members throughout the event.

Mr. Salman EK's dynamic approach provided valuable insights and practical knowledge, ensuring that the first-year volunteers were well-prepared and motivated for their future contributions. The successful orientation program effectively set the stage for an active and impactful tenure for the new NSS volunteers.





NSS Pre-camp for Second-Year Volunteers

A Pre-camp session for second-year NSS volunteers was conducted on 21st December 2023, aimed at preparing the volunteers for the upcoming seven-day residential camp. The session was led by Mr. Vinayachandran Pulapatta, Assistant Professor of Malayalam, who enlightened the volunteers on the goals and objectives of the National Service Scheme (NSS) as well as the significance of the residential camp.

During the session, Mr. Pulapatta emphasized the importance of community service, selfless work, and the skills that volunteers would develop during the camp, including leadership, teamwork, and social responsibility.

The event also featured addresses from key figures. NSS Programme Officer, Mr. Salmanul Faris KM, delivered the presidential address, encouraging the volunteers to actively participate and make the most of the upcoming camp experience. NSS Secretary, Ms. Nandana, extended a warm welcome to all attendees, while Mr. Safder concluded the session with the vote of thanks, expressing gratitude to everyone for their participation and support.

The precamp served as an insightful and engaging introduction to the goals of NSS and set a positive tone for the upcoming residential camp.



NSS SPECIAL CAMPING PROGRAMME

The National Service Scheme (NSS) unit of Al Jamia Arts and Science College, Perinthalmanna, successfully conducted a 7-day special camp at PTMUP School, Mannarmala, from December 24 to December 30, 2023. The camp was inaugurated by Mr. Musthafa CM, President of Vettathur Grama Panchayath. The inaugural session was presided over by NSS Programme Officer Mr. Salmanul Faris KM, with several dignitaries offering their felicitations, including Ward Member Mr. Hyder Thorappa, School Headmistress Ms. Rahmath VC, School PTA President Mr. Nishad, and College IQAC Coordinator Ms. Nishath. NSS Secretary Ms. Nandana P delivered the welcome speech, and volunteer Mr. Muhammed Althaf MT extended the vote of thanks.

Throughout the camp, participants engaged in a range of activities designed to enhance both personal development and social responsibility. The camp kicked off with an ice-breaking session led by Mr. Fadhil, a language trainer and key resource person. Ms. Arifa, a craft trainer from BRC Perinthalmanna, conducted a creative craft training session, while Mr. Ameen Karakkunnu, a trainer from Life Coach Manjeri, facilitated an interactive session on the "Art of Intervention."

In addition, Mr. Muhammed, a resource person from BRC Perinthalmanna, held an informative class on how to care for differently-abled persons. Awareness on safety was provided by Mr. Anwar Santhapuram and Mr. Anwar Mannarmala from the Fire & Rescue Team, Kerala Civil Defence, who conducted training on fire safety, water safety, and first aid. Mr. Salmanul Faris also led a session on "How to Strengthen Your Relationships."

The camp was not limited to training sessions; it also included a number of impactful community service projects. The NSS volunteers participated in various initiatives, including the construction of a dam in the local stream, cleaning the roads and surroundings, and conducting school cleaning drives at AMLP School and PTMUP School, both in Mannarmala. The unit also organized a significant anti-drug rally in the region, spreading awareness on the dangers of substance abuse. 45 volunteers were participated in the camp.

The camp concluded successfully, having provided a platform for personal growth, community service, and social awareness.

Dear ones,

It is very pleased to inform you that 8 seven-day residential camp organized by the NSS unit of Al Jamia Arts and Science College is being held from December 24 to 30 at PTMUP School Mannarmala.

It is hoped that through the camp based on the concept of "Open Khandam for a waste-free tomorrow," it will be possible to develop various skills of the volunteers and create a generation that will perform well in the field of social service.

Our Projects

- Sneharamam** - Project that allotted to ward
- Jeevika** - Cleaning and damming of the stream
- Shuchitwa** - Cleaning of road and surroundings
- Aanikara** - School Reafforestation and Gardening

Fariha J Principal
Salmamul Faria KM NSS programme officer

24-12-2023 (SUNDAY)

4:00 PM REGISTRATION
5:00 TO 6:00 INAUGURAL SESSION
NSS Prayer
Welcome speech: Salmamul Faria KM (NSS Programme Officer)
President: Fariha J (Principal)
Inauguration: CM Musthafa (Panchayat President, Vettathur)
Felicitation: Hyder Thorappa (Ward Member)
Tahsin VC (HM, PTMUP School Mannarmala)
Nashad (PTA President, PTMUP)
Vote of thanks: Nandana (NSS unit Secretary)
6:30 TO 8:00 ICE BREAKING
FADHIL (Language trainer cum Kaynoter)
8:00 TO 9:00 SUPPER
9:00 TO 10:00 Camp rules and directions
10:00 LIGHTS OFF

25-12-2023 (MONDAY)

8:00 AM LIGHTS ON
8:00 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 12:30 PROJECT WORK
12:30 TO 2:00 LUNCH & REST
2:00 TO 3:00 GROUP ACTIVITIES
3:00 TO 4:30 TEA BREAK
4:30 TO 5:00 PROJECT WORK
5:00 TO 6:00 PLAY TIME
6:30 TO 8:00 ART OF INTERVENTION
AMEEN KARAKKUNNU (Trainer, Life couch Manjeri)
8:00 TO 9:00 SUPPER
9:00 TO 10:00 CAMP REVIEW
10:00 LIGHTS OFF

26-12-2023 (TUESDAY)

5:00 AM LIGHTS ON
6:30 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 12:30 PROJECT WORK
12:30 TO 2:00 LUNCH & REST
2:00 TO 3:00 GROUP ACTIVITIES
3:00 TO 4:30 TEA BREAK
4:30 TO 5:00 PROJECT WORK
5:00 TO 6:00 PLAY TIME
6:30 TO 8:00 ART OF INTERVENTION
AMEEN KARAKKUNNU (Trainer, Life couch Manjeri)
8:00 TO 9:00 SUPPER
9:00 TO 10:00 CAMP REVIEW
10:00 LIGHTS OFF

27-12-2023 (WEDNESDAY)

5:00 AM LIGHTS ON
6:30 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 12:30 PROJECT WORK
12:30 TO 2:00 LUNCH & REST
2:00 TO 3:00 GROUP ACTIVITIES
3:00 TO 4:30 LET'S HOLD THEIR HANDS
MUHAMMAD (Resource Person, BRC PMN)
4:30 TO 5:00 TEA BREAK
5:00 TO 6:00 Fun time
6:30 TO 8:00 CULTURAL PROGRAMMES
8:00 TO 9:00 SUPPER
9:00 TO 10:00 CAMP REVIEW
10:00 LIGHTS OFF

28-12-2023 (THURSDAY)

5:00 AM LIGHTS ON
6:30 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 12:30 PROJECT WORK
12:30 TO 2:00 LUNCH & REST
2:00 TO 3:00 GROUP ACTIVITIES
3:00 TO 4:30 FIRE SAFETY, WATER SAFETY & FIRST AID
(Fire & Rescue Team- Kerala Civil Defence)
4:30 TO 5:00 TEA BREAK
5:00 TO 6:00 Walk with Mentor
6:30 TO 8:00 CULTURAL PROGRAMMES
8:00 TO 9:00 SUPPER
9:00 TO 10:00 CAMP REVIEW
10:00 LIGHTS OFF

29-12-2023 (FRIDAY)

5:00 AM LIGHTS ON
6:30 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 12:30 PROJECT WORK
12:30 TO 2:00 LUNCH & REST
2:00 TO 3:00 GROUP ACTIVITIES
3:00 TO 4:30 MAKE OUR RELATIONS STRONG
SALMANUL FARIS KM (NSS programme officer)
4:30 TO 5:00 TEA BREAK
5:00 TO 6:00 CHINESE
6:30 TO 8:00 CULTURAL PROGRAMMES
8:00 TO 9:00 SUPPER
9:00 TO 10:00 CAMP REVIEW
10:00 LIGHTS OFF

30-12-2023 (SATURDAY)

5:00 AM LIGHTS ON
6:30 TO 7:00 EXERCISE
7:00 TO 7:45 MORNING ASSEMBLY
7:45 TO 8:30 BREAKFAST
8:30 TO 10:00 BAG PACKING
10:00 CLOSING CEREMONY

NATIONAL SERVICE SCHEME
(Unit No: KL099)
AL JAMIA ARTS AND SCIENCE COLLEGE
PERINTHALMANNA

7 Days' Residential Camp

'മാലിന്യമുക്ത നാളെയ്ക്കായി യൂവകേരളം'

2023 Dec 24 to 30
PTMUP School Mannarmala



**Mr. Musthafa CM,
President of Vettathur
Grama Panchayath
Inaugurating the camp.**



Ice breaking- Mr. Fadhil



**'Art of Intervention'
Mr. Ameen Karakkunnu**



**Fire safety, Water safety and First aid
Fire & rescue, Kerala civil Difence**

ACTIVITY REPORTS OF SPECIAL CAMP 2023

Dam Construction Project at Mannarmala Stream

On 25th December 2024, The National Service Scheme (NSS) unit of Al Jamia Arts and Science College successfully completed a major dam construction project at the Mannarmala stream as part of their seven-day special camp.

The purpose of the dam project was to enhance water conservation efforts and improve irrigation facilities for nearby agricultural areas. The project also aimed at addressing local water scarcity challenges faced by residents of the village, especially during dry seasons. The project was meticulously planned and executed under the leadership of NSS Programme Officer, Salmanul Faris KM, who provided guidance and support to the volunteers throughout the camp.

Ward member Mr. Hyder Thorappa, PTA President of PTMUP School, Mr. Nishad and Asst. Professor of the college Mr. Thanseeh were actively involved in supervising and providing instructions during the construction work. Their presence ensured that the project was carried out effectively, meeting all necessary standards and safety guidelines.

The volunteers, a dedicated group of NSS students from the college, worked tirelessly throughout the project. They participated in various aspects of the construction, including planning, collection of tools and materials for construction and stream cleaning etc. Their collective efforts ensured the successful completion of the dam, which will serve as a key resource for the community's water needs.





Road Surroundings Cleaning Drive at Mannarmala

In a bid to promote cleanliness and environmental awareness, the NSS (National Service Scheme) Unit conducted a successful road surroundings cleaning drive at Mannarmala on December 26, 2023. The initiative, part of the NSS Special Camp, aimed at beautifying the area and creating a cleaner, healthier environment for the local community.

The cleaning drive was led by NSS Programme Officer Salmanul Faris, who coordinated the event with great enthusiasm and dedication. He was joined by NSS Unit Secretaries and Assistant Professor Mr. Hisham, who provided support and guidance throughout the process. The team, which included volunteers from the NSS unit, worked diligently from early morning hours, clearing debris, litter, and other waste material along the roadsides and public spaces in the area.

Speaking about the initiative, Programme Officer Salmanul Faris emphasized the importance of community participation in maintaining cleanliness and environmental sustainability. "This cleaning drive is part of our larger effort to raise awareness about the need to protect our environment and keep public spaces clean. It's a small step towards fostering a sense of responsibility and environmental consciousness among people," he said.

In addition to the cleanup, the NSS volunteers also engaged with the local residents, educating them on the importance of waste management and maintaining a clean environment. "Such activities

not only help in cleaning our surroundings but also promote the idea of sustainable living," noted Assistant Professor Mr. Hisham.

The event also saw active participation from local residents, who appreciated the efforts of the NSS team in enhancing the cleanliness of the locality. The participants worked in collaboration, ensuring that the streets and surroundings of Mannarmala looked more beautiful and hygienic.



"Sneharamam" Project to Prevent Garbage Dumping in Mannarmala

The National Service Scheme (NSS) unit of Al Jamia Arts and Science College has successfully launched the "Sneharamam" project, a significant initiative under the state's "Malinya Mukta Nava Keralam" campaign. The project aims to prevent the dumping of waste in public spaces, focusing on Mannarmala, an area that had been plagued by garbage disposal issues.

On 27th December 2023, a group of dedicated volunteers from the NSS Unit took part in a comprehensive cleaning drive at the location, which had become a regular dumping site for waste. The volunteers worked tirelessly to clear the area, removing large amounts of accumulated garbage and waste that had impacted the environment.

Following the clean-up, the team planted several bushes and plants to transform the area into a garden, thereby creating a natural deterrent to further garbage dumping. The greenery is expected to encourage the community to keep the space clean and discourage improper waste disposal.

The event was led by NSS Programme Officer Mr. Salmanul Faris, who was joined by Mr. Mohammed Riyas N, the Head of the Department of Commerce, and Asst. Professor Mr. Thanseeh, who contributed to the successful execution of the project. Ward Member Mr. Hyder Thorappa also provided valuable guidance and support throughout the project.

The "Sneharamam" initiative reflects a growing commitment to cleanliness and environmental conservation in the region. Through such efforts, the NSS Unit and its partners hope to inspire local residents to take greater responsibility for maintaining the cleanliness of their surroundings, fostering a healthier, more sustainable environment for all.





Cleaning Drive at AMLP School Mannarmala

In alignment with the ongoing Malinya Muktha Navakeralam project, the NSS unit of Al Jamia Arts and Science College, organized a successful cleaning programme at AMLP School in Mannarmala under the guidance of Assistant Professor Mr. Abdul Ganiyy on 28th December 2023. The event was part of a statewide initiative aimed at promoting cleanliness, environmental awareness, and community participation.

The cleaning drive, which began early in the morning, saw active participation from NSS volunteers, faculty, and students. Together, they worked tirelessly to clean the school premises, including classrooms, playgrounds, and the surrounding areas. The volunteers collected waste, cleared debris, and ensured that the school environment was left spotless for both students and teachers to enjoy. In addition to the physical cleanup, the event also focused on spreading awareness about the importance of maintaining cleanliness in public spaces.



Cleaning Drive at PTMUP School, Mannarmala

As part of the ongoing "Malinya Muktha Nava Keralam" project, the NSS Unit of Al Jamia Arts and Science College organized a successful cleaning drive at PTMUP School in Mannarmala on 29th December 2023. The initiative, which was part of the NSS Special Camp, aimed at promoting cleanliness and hygiene in local schools and fostering environmental responsibility among students and the community.

The drive was led by NSS Programme Officer Mr. Salmanul Faris, along with teachers Mr. Thanseeh, Mr. Amanullah KM and other staff members. The volunteers, comprising college students, worked enthusiastically to clean and sanitize various areas of the school premises. They focused on clearing litter, removing weeds, and cleaning classrooms, corridors, and outdoor spaces, ensuring the school was a hygienic environment for both students and teachers.

The cleaning drive was an essential part of the NSS Unit's commitment to promoting public health and environmental sustainability under the "Malinya Muktha Nava Kerala" project. The volunteers' efforts were instrumental in creating a cleaner, healthier space for learning, allowing students to study in a more positive and welcoming environment.



Anti-Drug Rally at Mannarmala

The NSS Unit of Al Jamia Arts and Science College took a significant step in raising awareness against the rising menace of drug abuse by organizing an anti-drug rally in Mannarmala on 29th December 2023. The rally, which aimed to sensitize the public about the dangers of drugs, started at PTMUP School in Mannarmala and proceeded to Mannarmala Town, drawing the attention of the local community.

The rally, led by the college's NSS Unit, saw a large number of enthusiastic volunteers who participated by raising powerful slogans and carrying placards with messages against drug abuse. Their commitment to spreading awareness was evident as they marched through the streets, urging the public to stay away from harmful substances and adopt a healthier lifestyle.

The event was addressed by NSS Unit Secretary, Nandana P, and volunteer Althaf Ali, both of whom shared important insights into the harmful effects of drugs and the necessity of collective efforts to combat this societal issue. They encouraged the public, especially youth, to take a stand in shaping a drug-free future.

The rally was led by NSS Programme Officer, Salmanul Faris KM, along with Assistant Professors Mr. Thanseeh and Mr. Amanullah KM. Their guidance and leadership were crucial to the event's success, ensuring it ran smoothly and made a lasting impact.



Wheel chair donated to Mr. Alloor Muhammed, Mulliyakurssi.

On January 19, 2024, the NSS unit of Al Jamia Arts and Science College, Perinthalmanna, extended a helping hand to the local community by donating a wheelchair to Alloor Muhammed, a resident of Mulliyakurssi. The donation was part of the unit's ongoing efforts to support those in need and improve the quality of life for individuals facing physical challenges.

The program was organized by the NSS unit under the guidance of Programme Officer Mr. Salmanul Faris. Along with a group of dedicated volunteers, Mr. Faris, accompanied by Ward Member Mr. Salam, visited the home of Alloor Muhammed to present the wheelchair. The emotional moment was made even more special as Mr. Salam Master personally handed over the wheelchair to Muhammed's family, who expressed their heartfelt gratitude for the timely assistance.

The wheelchair donation has been a significant relief for Alloor Muhammed, who had been struggling with mobility issues. His family was deeply appreciative of the NSS unit's gesture, which has greatly improved his ability to move around with greater ease and independence.

The NSS unit of Al Jamia Arts and Science College continues to inspire positive change within the community through acts of compassion and service. This event highlights the importance of social responsibility and the impact of small but meaningful acts of kindness in transforming lives.



Wheel chair donated to Chungam Palliative care

On January 21, 2024, the NSS unit of Al Jamia Arts and Science College, Perinthalmanna, extended its support to the Chungam Palliative Care Centre by donating a wheelchair during the Patients and Family Meet held at the facility. The donation is part of the unit's ongoing initiative to assist those in need and provide comfort to patients and their families.

The event saw the NSS Secretary, Nandana P, personally handing over the wheelchair to the authorities of Chungam Palliative Care. Nandana also took the opportunity to address the patients and their families, expressing the NSS unit's commitment to supporting the well-being of the community. Her speech emphasized the importance of compassion and solidarity, offering encouragement and hope to those undergoing treatment and their loved ones.

In addition to the wheelchair donation, Nandana P assumed responsibility for organizing the February edition of the Patients and Family Meet. She outlined plans for the upcoming meet, ensuring that it would continue to provide valuable support and a platform for patients and families to share experiences, offer mutual support, and gain insight from healthcare professionals.

The event was warmly received by both patients and their families, who expressed their gratitude for the thoughtful donation and the continued efforts of the NSS unit. The wheelchair will significantly ease mobility for one of the patients, enhancing their comfort and daily activities.



Republic Day Celebration

The NSS Unit of Al Jamia Arts and Science College, Perinthalmanna, celebrated Republic Day with great enthusiasm on January 26, 2024. The event began with the hoisting of the national flag by NSS Programme Officer Mr. Salmanul Faris KM, who also delivered the keynote address, emphasizing the significance of the day and the importance of upholding the values enshrined in the Indian Constitution.

NSS Secretary Ms. Nandana P led the assembly, where students took the Republic Day pledge, committing to contribute positively to the nation's growth. The celebrations were further enriched by insightful Republic Day messages from various dignitaries. Mr. Riyas Babu, Assistant Professor of Commerce, shared his thoughts on national unity and progress, while Union Chairman Mr. Shalmiz Bin Shakkir highlighted the role of youth in shaping the future of the country. Volunteer Mr. Muhammed Althaf MT also addressed the gathering, inspiring students to be active and responsible citizens.

The event fostered a sense of patriotism and national pride among the students, marking a memorable celebration of Republic Day for the entire college community.



‘MIDIPPU’ WATER SAFETY CAMPAIGN

To raise awareness about water safety and drowning prevention

In Association with Kerala Civil Defence Perinthalmanna

1. First Aid Awareness Class at PTMUP School Mannarmala

The NSS Unit of Perinthalmanna Al Jamia Arts and Science College organized a comprehensive first aid awareness class at PTMUP School, Mannarmala, as part of the ‘Midippu’ water safety awareness campaign on 1st February 2024. This initiative, spearheaded by Kerala Civil Defence, aims to address the rising number of drowning incidents in the district.

The event commenced with an inauguration ceremony led by Senior Assistant NK Soudath from PTMUP School. In his opening remarks, Soudath emphasized the critical importance of water safety and first aid knowledge in preventing drowning tragedies. He commended the NSS Unit for their proactive approach in engaging the community through this initiative.

Following the inauguration, the awareness class was conducted by Anwar Santhapuram and Anwar Mannarmala, distinguished members of the Kerala Civil defence. They delivered an informative session that covered essential first aid techniques, focusing on responding to drowning incidents effectively. Participants learned the vital steps of resuscitation and basic emergency care, empowering them to act confidently in emergency situations.

The practical training component was particularly well-received, allowing attendees to practice the skills they had learned under the guidance of the trainers. This hands-on experience aimed to build confidence and competence among participants, ensuring they are better prepared to handle emergencies.

NSS Unit Secretary Nandana P opened the event with a warm welcome, highlighting the significance of community involvement in promoting safety and preparedness. She expressed gratitude to the Kerala Civil Defence for their collaboration and support in organizing the event.

The 'Midippu' campaign has garnered significant attention as local authorities strive to reduce drowning incidents in the region. With Kerala's waterways being a vital part of life, raising awareness about safety measures is paramount. The NSS Unit's efforts to educate the community through this awareness class are a commendable step towards achieving this goal.

The event concluded with a call to action, encouraging participants to share their newfound knowledge within their families and communities. By fostering a culture of safety and preparedness, the NSS Unit

and Kerala Civil Defence hope to make a lasting impact on the local community's approach to water safety.

As the campaign continues, both organizations are committed to organizing more workshops and awareness programs to further educate the public and promote safe practices around water bodies. The collaboration marks a crucial effort in ensuring that tragedies caused by drowning are significantly reduced in the district.



2. First Aid Awareness Class for Parents at GLP School, Pattikkad.

The NSS Unit of Perinthalmanna Al Jamia Arts and Science College organized a comprehensive first aid awareness class for parents at GLP School, Pattikkad, on 2nd February 2024. The event was part of the 'Midippu' water safety awareness campaign, an initiative by Kerala Civil Defence aimed at tackling the increasing number of drowning incidents in the district.

The program was inaugurated by School Headmaster Mr. Sreenivasan, who emphasized the importance of awareness and preparedness in emergency situations. The awareness session was led by Anwar Santhapuram and Anwar Mannarmala, distinguished members of Kerala Civil Defence, who shared essential knowledge and practical skills in first aid, specifically in water-related accidents.

School teacher Mr. Umar also felicitated the event, further highlighting the importance of community engagement in safety initiatives. The NSS volunteers of Al Jamia College played an active role in the event, with Ajnas Beegam delivering the welcome speech and Rinshana offering the vote of thanks. The session was well-received by the parents, who actively participated and sought clarification on various safety measures.

The event provided valuable insights into water safety, first aid procedures, and how to prevent drowning incidents, ensuring that the parents left better equipped to handle emergencies. This initiative is a crucial step towards raising awareness in the community and creating a safer environment for children.





3. First Aid Awareness Class at PTMAUP School, Mulliakurssi.

The NSS Unit of Perinthalmanna Al Jamia Arts and Science College organized a first aid awareness class for students and teachers at PTMAUP School, Mulliakurssi, on 15th February 2024. This session was part of the 'Midippu' water safety awareness campaign, an initiative by Kerala Civil Defence aimed at addressing the rising number of drowning incidents in the district.

The program was inaugurated by School Headmaster Mr. Shareef, who emphasized the importance of water safety and first aid knowledge in preventing accidents. The awareness session was conducted by Anwar Santhapuram and Anwar Mannarmala, distinguished members of the Kerala Civil Defence. They provided crucial insights into basic first aid techniques, especially in the context of water-related emergencies.

NSS Unit Secretary Nadana P delivered the welcome speech, setting the tone for the session, while School teacher Mr. Shihab concluded the event with the vote of thanks. The session was engaging, with both students and teachers actively participating, asking questions, and seeking clarification on various aspects of water safety and first aid.

The event proved to be an eye-opener for many, offering practical knowledge that could potentially save lives in emergency situations. The 'Midippu' campaign continues its efforts to raise awareness and equip communities with the skills needed to prevent drowning incidents, creating a safer environment for everyone.



Patient and Family Meet Organized at Chugkam Palliative Care

On 18th February 2024, The February edition of the 'Patient and Family Meet' of Chungam Palliative Care was successfully conducted by the NSS Unit of Al Jamia Arts and Science College Perinthalmanna. The meet was notable for its seamless execution and the engaging cultural performances put up by the students.

The event was graced by prominent guests, including renowned singers Shefin, Lubayib, and Sufiyan, who added a special touch to the occasion with their musical performances. In addition to these performances, the volunteers also showcased their artistic talents through various cultural activities, which were well-received by the audience.

The program provided a platform for patients and their families to come together and share their experiences, while also engaging with the palliative care professionals. The positive response from the patients, their families, and the palliative care authorities was a testament to the success of the event.

The NSS Unit of Al Jamia College received praise for their diligent efforts in organizing this meaningful event, which helped raise awareness about the importance of palliative care while offering emotional support to the participants. The 'Patient and Family Meet' not only served as an avenue for knowledge-sharing but also fostered a sense of community and compassion among those affected by illness.





ACHIEVEMENT:

➤ **NSS Volunteer Muhammed Althaf MT Selected for National Integration Camp**

Muhammed Althaf MT, an NSS volunteer from Al Jamia Arts and Science College, Perinthalmanna, has brought pride to his college by being selected for the National Integration Camp as part of the Kerala contingent. His selection reflects his dedication and commitment to the NSS values of service and community engagement.

Muhammed Althaf attended the National Adventure Camp held from December 30, 2023, to January 8, 2024, at Hatkoti, Himachal Pradesh. The camp, which brought together participants from across the country, aimed at promoting national integration, fostering teamwork, and enhancing the adventure spirit among the youth.

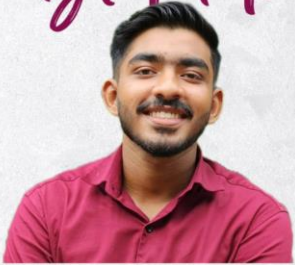
During the camp, participants engaged in a variety of outdoor activities, including trekking, rock climbing, and team-building exercises, which provided a platform for personal growth, physical endurance, and cultural exchange. The event offered an invaluable opportunity for Muhammed to interact with fellow NSS volunteers from different regions, learn from their experiences, and build lasting connections with peers across the country.

His participation in this prestigious camp not only highlights his enthusiasm for adventure but also his commitment to fostering national unity and understanding among the youth. The experience will no doubt enrich his leadership skills and contribute to his continued dedication to NSS and community service.

The faculty and fellow students at Al Jamia Arts and Science College congratulated Muhammed on his achievement, and the NSS unit is proud to have such a dedicated volunteer representing them at a national level.

AL JAMIA ARTS AND SCIENCE COLLEGE
PERINTHALMANNA, MALAPPURAM

Congratulations



MUHAMMAD ALTHAF MT
[NSS 2022-24, 2nd year BA ENGLISH]
SELECTED FOR
NATIONAL INTEGRATION CAMP

 NSS AJAS
UNIT KL099

UNION '22



**NATIONAL SERVICE SCHEME
NATIONAL ADVENTURE CAMP**
30 December 2023 - 8 January 2024
Hatkoti, Himachal Pradesh
KERALA CONTINGENT
University Of Calicut, Kerala

H.P. GOVT.
Rajal Bihari Vajpayee Institute of Mountaineering & Allied Sports
OFFICE
REGIONAL ADVENTURE SPORTS
HATKOTI TEHSIL JUBBAL Distt. SHIMLA

 **GPS Map Camera**

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Lat 31.131813°
Long 77.74751°
30/12/23 10:21 AM GMT +05:30

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BRIEF REPORT:-

The NSS Unit 099 of Al Jamia Arts and Science College, Perinthalmanna, conducted a series of impactful activities throughout the academic year 2023-24 under the guidance of Programme Officer Salmanul Faris KM and the enthusiastic leadership of the student secretaries. The unit's activities focused on promoting community engagement, environmental awareness, social responsibility, and personal well-being among students and the local community.

Key Activities:**1. Environmental Awareness:**

- The unit launched the *"My Tree" Project* on World Environment Day (04/06/2023) to foster tree plantation and environmental conservation.
- A *Clean Campus* initiative was held on 08/06/2023 to promote a cleaner and greener campus.
- An awareness seminar on *Personal and Public Hygiene* was conducted on 09/06/2023 with Fathimathul Fayiza, Faculty of Microbiology, as the resource person.

2. Health and Blood Donation:

- A *Blood Donation Camp* was organized on 16/06/2023, contributing to community health services.
- The unit observed *Hiroshima-Nagasaki Day* on 08/08/2023, incorporating a MIME presentation to raise awareness about the impact of nuclear war.
- *International AIDS Day* was observed on 01/12/2023 to spread awareness about the global health issue.

3. Cultural and National Celebrations:

- The NSS Unit actively participated in national events such as *Independence Day* (15/08/2023) and *Republic Day* celebrations, fostering patriotism among the students.
- The unit also celebrated *International Peace Day* (21/09/2023) to promote the importance of peace and harmony.

4. Educational and Awareness Programs:

- The *'PEN BOXES CHALLENGE'* was conducted on 15/09/2023 to encourage recycling and reduce waste.
- *NSS Day Quiz Competition* on 24/09/2023 was organized to enhance students' knowledge about NSS and its significance.

- *Children's Day* was celebrated on 14/11/2023 at two Anganwadis, fostering the importance of child welfare.

5. Community Service and Welfare:

- The unit actively contributed to local community welfare with initiatives like the *Anti-Drug Rally*, *School Cleaning* at AMLP and PTMUP Schools, and the donation of wheelchairs to Alloor Muhammed (Mulliyakurssi) and Chungam Palliative Care.
- A *Patients' and Families' Gathering* was organized at Chungam Palliative Care Centre to provide emotional support to patients and families.

6. Special Camps and Training:

- The unit conducted a *7-day Residential Camp* (24-30 Dec 2023), where volunteers engaged in activities like dam construction, cleaning roads and surroundings, and providing help to local schools.
- *Orientation for First-Year NSS Volunteers* and *Pre-Camp Training* for Second-Year volunteers were also organized to prepare students for effective community service.

7. Collaboration and Awareness:

- The *MIDIPPU Campaign* was conducted in association with Kerala Civil Defence, involving awareness programs in multiple schools in the area on disaster management and safety.

Achievements:

- A notable achievement for the unit was the selection of NSS Volunteer Muhammed Althaf MT for the prestigious *National Integration Camp*, highlighting the dedication and active participation of the students in national-level NSS initiatives.

The NSS Unit 099 has made a significant contribution to the betterment of the local community while fostering a sense of social responsibility among its members. Through its diverse activities, the unit has exemplified the values of service, dedication, and awareness.

-THE END-