



**AL JAMIA
ARTS AND SCIENCE COLLEGE
PERINTHALMANNA**
(Affiliated to the University of Calicut)

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Poopalam, Valambur P.O.
Malappuram Dist., Kerala - India, Pin. 679 325

Ref:

Date: 8/3/2022

Circular

Dear Students and Staff,

We are pleased to inform you that the NSS unit of Perinthalmanna Arts and Science College, in collaboration with the women cell, will be conducting a sanitary pad donation event on March 10th. This initiative aims to support and promote menstrual hygiene among marginalized women. Please join us in receiving this gesture of goodwill.

NSS Coordinator

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Principal

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10/03/2022

REPORT

SANITARY PAD DONATION TO TRIBAL WOMEN OF SAI SNEHATHEERAM HOSTEL

The NSS unit of Perinthalmanna Arts and Science College, in collaboration with the women cell, recently concluded their impactful "Kude" campaign with a heartening gesture on March 10th. This initiative, launched on International Women's Day, aimed to promote menstrual hygiene and support marginalized women by distributing collected sanitary pads to the children of Sai Snehatheeram tribal woman hostel in Perinthalmanna.

Under the leadership of NSS program officer Mr. Salmanul Faris and assistant programme officer Ms. Shahala, the campaign garnered significant attention and participation across the college campus. Mr. Faris expressed his satisfaction with the outcome, stating, "The response from our students and faculty has been phenomenal. It is heartening to see such proactive involvement in addressing crucial issues like menstrual health."

The distribution event at Sai Snehatheeram hostel was marked by gratitude and appreciation from the recipients. The hostel, which provides shelter and support to tribal women, welcomed the donation as a timely and meaningful contribution to their welfare. The sanitary pads not only meet a basic necessity but also signify a broader commitment to gender equality and women's empowerment.

Ms. Shahala highlighted the educational aspect of the campaign, saying, "Beyond the distribution of sanitary pads, 'Kude' aimed to educate and raise awareness about menstrual health and hygiene practices. These discussions are essential to break taboos and ensure that every woman feels empowered to manage her health with dignity."

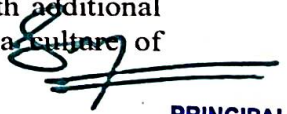
The "Kude" campaign is part of a broader initiative by the NSS unit to engage students in community service and social responsibility. It reflects the college's commitment to nurturing socially conscious citizens who actively contribute to positive change in society.

As the campaign concluded, the NSS unit expressed gratitude to all participants and supporters who made the initiative a success. They emphasized the importance of continued efforts to promote menstrual hygiene and support marginalized communities, reaffirming their dedication to inclusive development and gender equity.

Moving forward, the NSS unit plans to build on the momentum of "Kude" with additional projects and activities aimed at enhancing community welfare and fostering a culture of compassion and service among students.


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**AL JAMIA ARTS & SCIENCE COLLEGE
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NATIONAL SERVICE SCHEME - 099**



In Honour
of International
Women's Day

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"Gender equality today for a
sustainable tomorrow"
IN ASSOCIATION WITH
WOMEN CELL



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NATIONAL SERVICE SCHEME - 099

In Honour of International Women's Day 2022

SANITARY PAD DONATION CAMP
in association with women cell

Donated to
Sai Snehatheeram
Tribal Women Hostel

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PARTICIPANTS LIST

EVENT: SANITARY PAD DONATION

NO:	NAME	SIGNATURE
1	ADHILA HAMZA O K	Adhila
2	ADILA SHIRIN E P	Adila
3	AFINA NAHAN M	Nahan
4	AKHEELA	ab
5	ALI SHADIN K V	shadm
6	AMEEKHA N C	ameekha
7	ANEESA A S	aneesa
8	ASHWIN PRASAD	ab
9	AYISHA HUDA K T	ayisha
10	DHIYA FAHIM M	dhiya
11	DILNA JASMINE	ab
12	FADIL MOHAMMED	fadil
13	FATHIMA FARHA KK	fathima
14	FATHIMA HIBA	hiba
15	FATHIMA SANTIYA C K	santiya
16	FATHIMA SHIFANATH P	ab
17	FATHIMA SHIYA K H	shiya
18	FATHIMATH HIBA K	hiba
19	FATHIMATH RIDHA V P	ridha
20	FATHIMATHUL FARISA	farisa
21	HABIL MOHAMMED C	habil
22	HAMNA T	hamna
23	HANNA M	hanna
24	JUSAINA M	jusaina
25	MOHAMMED AFLAH P K	aflah
26	MISHHAL MANSOOR	ab
27	MOHAMMED SAHIL A	sahil
28	MOHAMMED MUNEEF M	ab
29	MOHAMMAD RIFATHULLAH K T	rifath
30	VAISHNA KISHOR E	vaishna



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Pin: 9325

31	NIKHIL NATH E P	Nath ..
32	NISHMA SHERINA P K	Nish ..
33	NUHA NOURIN	ab
34	RASHA P	Rash
35	RIMSHI MOL	Rimshi
36	RISWANA P	Riswana
37	SANA	Sana
38	SANJANA M	Sanjana
39	SANJAY SURESH A	Sanjay to
40	SHAFNA K	ab
41	SHAHEEL P	Shaheel
42	SHAHID RAHMAN K	Shahid
43	SHAHMA SHABOOM P A	ab
44	SHAIMA P	Shaima
45	SHARIQ MOHAMMED P T	Shariq
46	SHIFA FATHIMA	Shifa
47	SONA JENNETH KM	Sona
48	SOORYA PK	Soorya
49	SUMANA NESRIN M	ab
50	ZAID MUHAMMED	Zaid

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PAD DONATION CAMP

in association with women cell

Donated to
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