



AL JAMIA ARTS AND SCIENCE COLLEGE

Recognized by UGC 2(f) | Government of Kerala and AICTE | Accredited with B++ Grade

Perinthalmanna, Poopalam, Valambur (P.O), Malappuram Dt, Kerala, India, Pin-679325

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Affiliated to the University of Calicut

Ref.No: AJAS/FT/EXT 2/2025-26

30/01/2026

CIRCULAR

This is to inform all the students that an Extension Activity by Department of Food Technology titled "Spot the Fake" has been planned as a food adulteration awareness programme on 02/02/2026 (Monday). As part of this activity, a demonstration on food adulteration will be conducted for the neighboring community of Al Jamia Arts and Science College, with the objective of creating awareness about common food adulterants, simple detection methods, and the importance of consuming safe and unadulterated food.

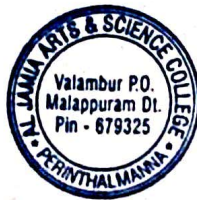
Coordinator

HOD

Principal

30/01/26

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POSTER OF THE PROGRAMME

AL JAMIA ARTS AND SCIENCE COLLEGE
PERINTHALMANNA, MALAPPURAM
IN ASSOCIATION WITH IQAC
DEPARTMENT OF FOOD TECHNOLOGY
PRESENTS
AN EXTENSION ACTIVITY
SPOT THE FAKE
Food adulteration awareness programme
#STOP ADULTERATION

DATE: 02/02/2026
TIME : 3:30 PM
VENUE: NEAR BY COMMUNITY

03/02/24



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Date: 03/02/2026

REPORT OF THE PROGRAMME SPOT THE FAKE – EXTENSION ACTIVITY

The Department of Food Technology of Al Jamia Arts and Science College organized an extension activity titled “Spot the Fake” as a food adulteration awareness programme for the nearby community, with special focus on a local Kudumbashree unit, on 02/02/2026 at 3:30 PM. The programme was aimed at creating awareness about food safety, consumer responsibility, and public health by educating the community on the ill effects of food adulteration and the importance of adopting safe food practices in daily life. The session was formally inaugurated by Ms. Sameeha Shirin, Head of the Department of Food Technology, who emphasized the role of academic institutions in extending scientific knowledge to society and empowering communities through meaningful outreach activities. The programme was coordinated by Ms. Arsha. A. Vinod, Assistant Professor, Department of Food Technology, who ensured the effective planning and smooth conduct of the awareness session.

Following the inauguration, the students of the department conducted detailed and practical demonstrations of FSSAI DART (Detect Adulteration with Rapid Test) methods, highlighting simple, cost-effective techniques to identify common adulterants in frequently used food items. The demonstrations were carried out in an interactive manner, enabling the participants to clearly understand the procedures and encouraging their active involvement. The programme strongly reflected values such as social responsibility, community engagement, consumer awareness, and health consciousness, reinforcing the importance of informed decision-making in ensuring food safety at both household and community levels.

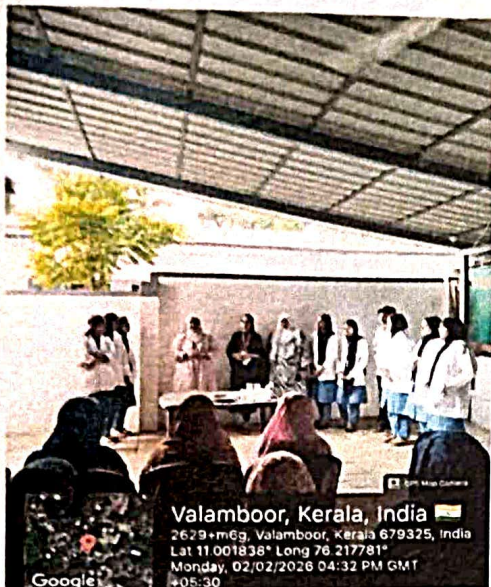
The Kudumbashree participants responded positively to the awareness session and showed keen interest throughout the programme. Feedback shared by one of the community members indicated that the programme was informative, practical, and highly beneficial, and that the knowledge gained would help them adopt safer food practices and spread awareness among others. Overall, the extension activity was successful in achieving its objectives and contributed effectively to enhancing food adulteration awareness and promoting public health within the nearby community.



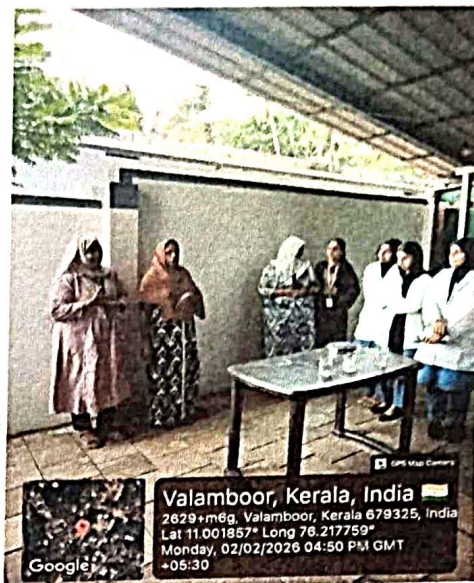
[Handwritten signature]
02/02/26

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PHOTOS OF THE PROGRAMME



Inaugural address by Ms. Sameeha Shirin,
Head of the Department of Food Technology.

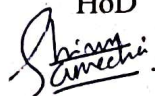


Feedback session by a Kudumbashree
participant.



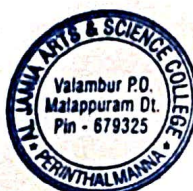
Students demonstrating the adulteration
methods

Arsha A. Vinod 
Coordinator

HoD



Principal

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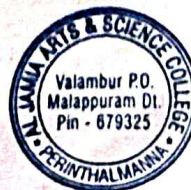
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PARTICIPANT LIST

SPOT THE FAKE - EXTENSION ACTIVITY

Si. No	Name	Sign
1	Anaswara	
2	Fathima Huda	
3	Fathima Rinshana RIF	
4	Adil P. P	
5	Ajmal	
6	Arjun	
7	Afna	
8	Naja	
9	Shava	
10	Shahla Thasni	
11	Aleesha	



03/02/21

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